

About Combat Stress

Combat Stress is the UK's leading mental health charity for Veterans. Each year, a small but significant number of Veterans leave the Armed Forces suffering from mental ill-health. This can cause depression, anxiety and, in some cases, Post Traumatic Stress Disorder (PTSD).

Established in 1919, the charity

understands the particular needs of Veterans, supporting them at three residential treatment centres, through community and outreach programmes, and out-patient services, as well as a free 24 hour Helpline. All our services are free to Veterans.

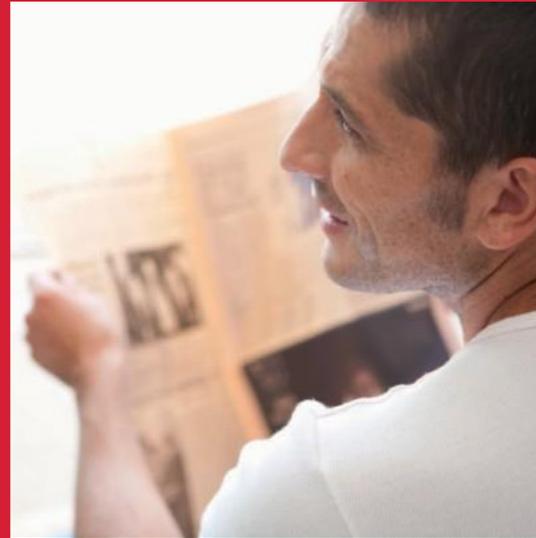


24-HOUR HELPLINE
0800 138 1619

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Leatherhead ■ Surrey ■ KT22 0BX

www.combatstress.org.uk

Ex-Services Mental Welfare Society.
Company Registered in England and Wales No. 256353.
Charity registration No. 206002.
Charity registration Scotland No. SCO38828
Rethink Mental Illness charity registration No. 271028



"At last I know I'm not alone and there is hope."

"You feel very alone because civvies just can't really appreciate what's happened – what is going on inside your head. With Combat Stress I have found true proper concern and the compassion I needed."

"It gave me the motivation to keep going – motivation, encouragement and hope."

Veteran feedback

Where to find us:

The Combat Stress Veterans' Substance Misuse Case Management Service runs in partnership with the Wiltshire Substance Misuse Service, and Veterans can receive support via their hubs:

Chippenham 41 New Road Chippenham Wiltshire SN15 1HL	Salisbury Cheviot House 69-73 Castle Street Salisbury Wiltshire SP1 3SP
Trowbridge The Halve Trowbridge Wiltshire BA14 8SA	

Our Service partners include:

- Wiltshire Substance Misuse Service
- The NHS
- Local Authority services including Social Services.
- Family and Carers Services
- Community and Faith groups
- The Royal British Legion
- Help for Heroes
- Local Veterans' services
- The National Probation Service, HM Prison Service and the Police



VETERANS' SUBSTANCE MISUSE CASE MANAGEMENT SERVICE

A guide for
referrers in
Wiltshire



Veterans' Substance Misuse Case Management Service

Combat Stress is piloting a network of Substance Misuse Case Management Services in the UK. The network will support Veterans with substance use disorders who may also be experiencing mental ill-health.

In Wiltshire, the Combat Stress Service works in partnership with the Wiltshire Substance Misuse Service and other local professional agencies to help Veterans on their journey to recovery.

A Veteran is someone who has served in the Army, the RAF, Royal Navy, Merchant Navy or the Reserves. It does not matter how long ago they served, the support is there for them.



The help we provide

A Veterans' Substance Misuse Practitioners are based at the Wiltshire Substance Misuse Service to provide a dedicated case management service including:

- A comprehensive substance misuse and mental health assessment.
- Support to access appropriate treatments including psychological interventions, community or in-patient detoxification and specialist prescribing via the Wiltshire Substance Misuse Service.
- Referral to specialist mental health services within Combat Stress and the NHS.
- Referral to Veterans' welfare and support services.

The treatment and recovery pathway

Referral

We accept referrals from professionals within primary and secondary care as well as local voluntary sector services. We also take referrals through the Combat Stress community mental health and welfare outreach services.

To make a referral, please call the Veterans Substance Misuse Practitioners on:
0754591225 or 07885406308

For direct help, Veterans and their families may call the free Combat Stress Helpline for advice on how to access any of our services.

Care Plan for Recovery

Following assessment, the Substance Misuse practitioner will develop a recovery care plan in partnership with the Veteran, including other local services as necessary.

A holistic approach is taken – the case management process may also include referral to Veteran welfare services for employment, housing or benefit advice as well as family and carer support.

During recovery, the Substance Misuse Nurse will continue to oversee the care plan, ensuring it is flexible and appropriate for their needs.

Discharge

Veterans are discharged to local Veteran specialist services when they have achieved their goals for recovery.

If appropriate, they may continue to access additional mental health services provided by Combat Stress or other agencies.

After discharge, the Veterans' Substance Misuse Nurse will be available to offer continued support and to reduce the risk of relapse to drugs and alcohol.



To refer a Veteran to the Combat Stress Substance Misuse Case Management Service...

In Wiltshire the Service may be accessed via hubs located in:

Chippenham
Salisbury
Trowbridge

To make a referral or to find out more about the Service, please call:

07545915225
07885406308

Or email:
mia.harrison@combatstress.org.uk
gareth.sharman@combatstress.org.uk