

Living Well Advocacy Service

Take control of your own future by recording what is important to you.



We can help you to:

- Reflect on your past
- Enjoy your present
- Prepare for the future
- Record your important information

'It's been a huge weight lifted from my shoulders'.

Find out more about this free and independent service, available across Wiltshire. Contact Emma Dowie on 07594083308 or email livingwell@swanadvocacy.org.uk

www.swanadvocacy.org.uk

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Fact Sheet: What is a Living Well Plan?

A Living Well Plan is a document which the client owns, and can choose to share with their family, carers and professionals involved in their care.

It documents their important memories, achievements and current situation so that anyone reading the plan can get a real understanding of who the person is.

It also addresses how they feel about their life, and whether they have any wishes for the future. It contains factual information about their current situation, such as diagnoses, medication, and services that may be involved.

PERSON LED

Every Living Well Plan is completely different, because every one of our clients has a different story to tell and a different reason for doing the plan.

INDEPENDENT

Whilst we work sensitively with families and carers, and can take referrals from agencies working with someone, the plan captures the client's views and voice only.

ACCESSIBLE

Living Well Advocates work with individuals over a number of visits (usually) in the client's own home to build strong, trusting relationships.

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