

SEE
THE SIGNS

SEEK
SUPPORT

STOP
THE CYCLE

Forces Intervention Programme

Our programme helps service personnel and veterans who want to change abusive behaviours at home and have healthier relationships.

Admitting you need help is hard, but it is the first step in keeping your partner and children safe.

How do I sign up?

For more information contact:

Support Team

01225 775 276

(9am – 5pm, landline call rate)

spa@fearfree.org.uk

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Forces DVPP Coordinator

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FEAR

FREE

**BREAKING
THE CYCLE
OF ABUSE**