



How does ReSPECT work?

The ReSPECT process creates personalised recommendations for a person's clinical care and treatment in a future emergency.

What is the ReSPECT process?

ReSPECT and decision-making conversations happen between a person, their families, and their health care professionals. These conversations help create an understanding of what is important to the person.

Why have a ReSPECT form?

In an emergency, health or care professionals may have to make rapid decisions about your treatment, and you may not be well enough to discuss what is important to you. They will use your plan to guide decisions.

Who is **ReSPECT** for?

The ReSPECT process can be for anyone but will have increasing relevance for people who are getting older. (Reference: Resuscitation Council UK)

If you, or a family member would like to discuss completing a ReSPECT form with one of our nurses, please speak to our reception team.